



ROYAL OAK INTERNATIONAL SCHOOL
Sr. Sec. C.B.S.E. Affiliated (2025-26)

Date: 3/7/25

GRADE – VII MONTHLY PLANNER - 2025

Dear Parents
 Greetings!

Please find the academic plan and activities for the month of July 2025

JULY



ENGLISH	MATHS	HINDI	SCIENCE
Literature: Unit 2: Wanderlust L1- Atlantis L2- The Diary of a Space Traveller- Satyajit Ray P2- The Lake Isle of Innisfree-W.B. Yeats(Poem) Writing: Message writing, Diary entry Grammar: Articles, Pronouns, Verbs (Auxiliaries, Transitive and Intransitive), Finite and Non Finite Verbs (Infinitives and Gerund), Tenses Pleasure Reading: L1- The Happy Prince L2- The Nightingale and the Rose	Ch 3 -Data Handling Ch 4- Simple Equations	वसंत – पाठ - 4 मिठाई वाला पाठ-5 पापा खो गए व्याकरण - पाठ 3- संधि (व्यंजन और विसर्ग संधि) पाठ 4- शब्द विचार पाठ 7- अनेक शब्दों के लिए एक शब्द - 1 से 20 अपठित गद्यांश, अनुच्छेद, औपचारिक पत्र, लघुकथा लेखन	Ch – 4: Acids, Bases and Salts Ch – 5: Physical and Chemical Changes <u>Activity/Practical</u> <ul style="list-style-type: none"> To study the reaction between an acid and a base (neutralization reaction) To study the reaction between vinegar and baking soda.

S.SC.	FRENCH	SANSKRIT	G.K.
Geography – CH-2:Inside Our Earth Political Science - CH-2:Role of the Government in Health History CH-3: Delhi: 12 th to 15 th Century	<ul style="list-style-type: none"> • Présentez-vous plus • Les nationalités • Lea adjectifs • L'accord des adjectifs • Apprenons les professions • Les articles indéfinis 	<u>संकल्पम्</u> पाठ – 3 प्रभातवेला पाठ – 4 मतिः एव बलात् गरीयसी <u>व्याकरण भाग</u> शब्द रूप – आषा सर्वनाम रूप – अस्मद् धातु रूप–‘भू’, ‘पठ्’(लोटलकार , विधिलिङलकार) अव्यय – (अत्र से अधुना) , उपसर्गः (पृष्ठ संख्या 105), पर्यायवाची–(ईश्वर , मित्रम्) विलोम षब्दाः–(अर्थः से देवः) अनुवाद अभ्यास (लृटलकार), अपठित – अवबोधनम् , धातुओं के अर्थ (पृष्ठ संख्या 90) अपुद्धि – संशोधनम् (विभक्ति संबंधी)	CH-11:World Famous Museums (Pg no. 18-19) CH-12: Futuristic Solar Gadgets (Pg. no. 20) CH-13: Music Festivals In India (Pg. no. 21) CH-14: Unique Hotels (Pg. no. 22) CH-15. Effects Of Global Warming2 (Pg. no. 23)

- **Computer** : Ch-3: Advanced Features of Excel
➤ **Practical** : Create forms in excel, Apply filters on records.

ART & CRAFT	DANCE	MUSIC
Art - Page no: 25-32 Craft – Mandala Art (Painting)	Folk dance preparation related to 15th august and Janmashtami.	Preparations for upcoming fests.

<u>Taekwondo</u>	<u>Yoga</u>	<u>Athletics</u>	<u>Kho- kho</u>	<u>Boxing</u>	<u>Football</u>	<u>Cricket</u>	<u>Basketball</u>	<u>Badminton</u>	<u>Chess</u>	<u>Skating</u>
1. Slap kick 2. back Kick	1. Paschimottanasana. 2. Trikonasana. 3. Vrikshasana	1. 100 mtr. race Seating start.	1. Pole turn. 2.Chain kho 3. Single chain running 4. Covering	1. School boxing and shadow punch	1.Control and pass. 2.Dribbling 3.Shooting.	1. Hand-Eye Coordination 2. Concentration 3. Fielding practice	1. Control the ball with dribbling.	1. Grip 2. Stance	1. Strategy 2. Opening & End games.	1. Put on your skating equipment 2. Assume the right posture. 3. Walk like a duck.

Special Days/ Events	Holidays
<ul style="list-style-type: none"> • <i>Global Forgiveness Day</i> • <i>National Doctor Day</i> 	31 st July 2025 –Shaheed Udham Singh Martyrdom day

Looking forward to a fruitful month of learning!

With warm regards

ROIS