



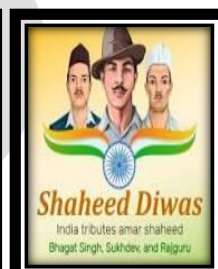
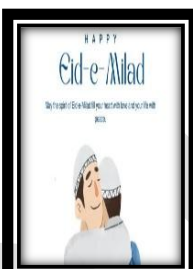
ROYAL OAK INTERNATIONAL SCHOOL

Sr. Sec. C.B.S.E. Affiliated (Session 2025-26)

GRADE-VII MONTHLY PLANNER-2025

Dear Parents
Greetings!

Please find the academic plan and activities for the month of August and September 2025.



AUGUST & SEPTEMBER

ENGLISH	MATHS	HINDI	SCIENCE
Literature: Unit 3: Real-Life Heroes L 1- The One Who Survived: Ada Blackjack L 2-The Narayanpur Incident- Shashi Deshpande P-3 Florence Nightingale-Emma Lazarus(Poem) Pleasure Reading-3: The Star-child Writing: Formal letter Grammar: Modals Adjectives, Active and Passive Voice Integrated Grammar- Editing (Error Correction), Gap filling, Sentence reordering	Ch 5- Lines and angles Ch 6- The Triangle and its Properties. Art Integrated Activity: Working model on types of angles ➤ Revision of Ch 1 to Ch 6	वसंत - पाठ -5 पापा खो गए (पुनरावृत्ति) पाठ- 6 शाम एक किसान (कविता) पाठ 7- अपूर्व अनुभव व्याकरण - पाठ 10- उपसर्ग/प्रत्यय पाठ 15- कारक पाठ 12- संज्ञा पाठ 13- लिंग पाठ 14- वचन पर्यायवाची शब्द - 21 से 40 विलोम शब्द - 21 से 40 अनेक शब्दों के लिए एकशब्द - 1 से 20 अपठित गद्यांश, अनुच्छेद, अनौपचारिक/औपचारिक पत्र, लघुकथा लेखन। मुहावरे 1 से 20, विज्ञापन लेखन, संवाद लेखन। पढ़ाए गए पाठों की पुनरावृत्ति।	Ch 6- Respiration in Organisms Ch 7- Transportation in Animals and Plants ➤ Revision Activity/Practical: 1. To study the effect of exhaled air on limewater

S.SC.	FRENCH	SANSKRIT	G.K.
Geography Ch 3 - Our Changing Earth Ch 4 - Air Ch 5- Water Political Science Ch-3: How the State Government Works	- Leçon 4 Apprenons les professions - Leçon-5 Les couleurs - Leçon -6 Les parties du corps - Les professions - Le Formulaire d'inscription - Les articles indéfinis - Pluriel des noms - L'infinifatif après un autre verbe: Savoir, pouvoir, falloir, vouloir, faire, aller, devoir - Verbe- Avoir Mettez au pluriel - Les articles définis - Quelle heure est-il? Le poème - c'est l'été?	संकल्पम् पाठ 3- प्रभात वेला पाठ 4 - मति: एवं बलात् गरीयसी पाठ 6 - लेखन्या: आत्मकथा व्याकरण भाग शब्द रूप – कवि, नदी सर्वनाम रूप – किम् (तीनों लिंगों में), युष्मद् धातु रूप – गम्, नम् (लटलकार, लृटलकार), गम् (लङ् लकार, लोटलकार, विधिलिङ्) अशुद्धि – संशोधनम् (लकार संबंधी) विलोम शब्दाः – (धर्मः से लिखितम्), सन्धि – गुण संख्या प्रकरणम् – (एकत्रिंशत् से पञ्चाशत्) शाकनामानि, चित्र – वर्णनम् धातु रूप –, दोहराई (अर्धवार्षिक परीक्षा) कक्षा परीक्षा	Ch 16- World Of Reptiles (Pg no. 24-25) Ch 17- Cars Of Tomorrow (Pg no. 26-27) Ch 18- Challenge Accepted (Pg no. 28) Ch 19- Letter Sharp (Pg no. 29) Ch 20-Knowing Antarctica (Pg no. 30-31) ➤ Test Paper-1 (Pg no. 32-33) ➤ Revision for Half Yearly Examination.

- **Computer** : Ch 4- Coding and Flowchart
 Ch 5- Advanced Makecode Arcade
 Ch 6- Fields where Robots are used
- **Practical** : Creating different Python programs

ART & CRAFT	DANCE	MUSIC
Art - Page no: 33 - 37, 41, 43 & 44 Craft - Tri Colour Lotus	1. Preparation for Janmashtami, Independence Day and Dussehra. 2. Basic folk dance steps.	1. Preparations for upcoming fests (Janmashtami, Independence Day) 2. Practice of Guitar, Harmonium

<u>Taekwondo</u>	<u>Yoga</u>	<u>Athletics</u>	<u>Kho-kho</u>	<u>Boxing</u>	<u>Football</u>	<u>Cricket</u>	<u>Basketball</u>	<u>Badminton</u>	<u>Chess</u>	<u>Skating</u>
1. Slap kick 2. Back Kick 3. Punching	1. Paschimottanasana 2. Trikonasana 3. Vrikshasana 4. Tadasana 5. Shavasana	1. 100 mtr race 2. Chain seating start. 3. 200 mtr race	1. Pole turn. 2. Chain kho 3. Single chain running 4. Covering	1. School boxing and shadow punch 2. Four punching and blocking	1. Control & pass. 2. Dribbling 3. Shooting	1. Hand Eye coordination 2. Concentration 3. Fielding practice 4. Bowling and batting	1. Control ball with dribbling 2. Running with basket ball to put in basket.	1. Grip 2. Stance 3. Service	1. Strategy 2. Opening & end game.	1. Put on your skating equipment 2. Assume the right posture. 3. Walk like a duck.

Special Days/Events	Holidays
• 14th August 2025 – Janmashtami • 15th August 2025 – Independence Day • 23rd August 2025 - PTM • 29th August 2025 – National Sports Day • 4th September 2025 – Teacher's Day • 8th September 2025 – Literacy Day • 29th September 2025 – Dussehra	• 9th August 2025 – Raksha Bandhan • 16th August 2025 – Janmashtami • 5th September 2025 - Id-E-Milad • 22nd September 2025 - Maharaja Agrasen Jayanti • 23rd September 2025 – Shaheedi Diwas • 30th September 2025 to 2nd October 2025 – Dussehra Break

Looking forward to a fruitful month of learning!

With warm regards

ROIS