



**ROYAL OAK INTERNATIONAL SCHOOL**  
**Sr. Sec. C.B.S.E. Affiliated (2026-27)**

**GRADE – VII MONTHLY PLANNER - 2026**

Dear Parents  
Greetings!

**Please find the academic plan and activities for the month of July 2026.**

**July**



ENGLISH	MATHS	HINDI	SCIENCE
<p><b>Literature:</b>  <b>Unit 2: Wanderlust</b>            1. Atlantis(Activity- Reading)            2. The Diary of a Space Traveller-Satyajit Ray            The Lake Isle of Innisfree-W.B. Yeats(Poem)  <b>Writing:</b>Message writing, Diary entry  <b>Grammar:</b> Articles, Pronouns, Verbs (Auxiliaries, transitive and Intransitive), Finite and Non Finite Verbs (Infinitives and Gerund),Tenses  <b>Pleasure Reading:</b> 1. The Happy Prince            2. The Nightingale and the Rose</p>	<p>Chapter 3: A Peek Beyond the Point             Chapter 4: Expressions using Letter Numbers</p>	<p>मल्हार-            पाठ 3-फूल और काँटा(कविता)            व्याकरण-            पाठ 3 संधि (विसर्ग संधि)            पाठ 4-शब्द विघार            पाठ 7- अनेक शब्दों के लिए एक शब्द 1 से 20            अपठित गद्यांश और अनुच्छेद , लघुकथा , औपचारिक पत्र</p>	<p>Chapter 4: The World of Metals and Non-metals            Chapter 5: Changes Around Us: Physical and Chemical  <b>Activities:-</b>            1. To carry out the Burning of magnesium ribbon in air.            2. To identify metals from non-metals based on physical properties.            3. To study physical changes in cutting of paper and melting of ice.            4. To study chemical changes in burning of paper; mixing of vinegar and baking soda.</p>

S.Sc.	SANSKRIT	G.K	KAUSHAL BODH
<b>Geo.</b> L-2 Understanding the Weather L-3 Climates of India <b>His.</b> L-5 The Rise of Empires	<u>संकल्पम्</u> पाठ – 3 प्रभातवेला पाठ – 4 मतिः एव बलात् गरीयसी <u>व्याकरण भाग</u> शब्द रूप – आशा सर्वनाम रूप – अस्मद् धातु रूप – 'भू', 'पठ्' (लोटलकार, विधिलिङलकार) अव्यय – (अत्र से अधुना), उपसर्गाः (पृष्ठ संख्या 105), पर्यायवाची – (ईश्वरः – मित्रम्) विलोम शब्दाः – (अर्थः से देवः) अनुवाद अभ्यास (लृटलकार), अपठित – अवबोधनम्, धातुओं के अर्थ (पृष्ठ संख्या 90) अशुद्धि – संशोधनम् (विभक्ति संबंधी)	11. That's The Spirit p.no 19 12. Women At The Helm: Mangalyaan p.no 20-21 13. Symbols of one World p.no. 22-23 14. Endangered animals p.no 24-25 15. Nature's Medicine Box p.no 26-27 16. Srikanth Bolla p.no 28-29	• Work with Life Forms <b>Project 2 School Habitat garden</b> * Observe the natural habitat around your school or home, observe behavior of animals and fill chart. Given on page no-34

➤ **Computer** :- Ch-3 Advanced feature of Excel

**Practical:-** Create forms in excel, Apply filters on records.

ART & CRAFT	DANCE	MUSIC
Art - Page no: 29-35 Craft - Mandala Art	• Basic Hand Movement with Foot Steps and Folk Dance Practice/Revision • Dance Preparation for Independent Day	• Instrumental :- Harmonium , Basic, Sargam, Songs Guitar (Practice of Taps and Chords)

TAEKWONDO	YOGA	FOOTBALL	CRICKET	BADMINTION	KHO-KHO	CHESS	BASKETBALL
1.Slap Kick 2.BackKick	1.Padma Asana 2.Hal Aasan	1.Control and pass 2. Dribbling 3.Shooting	1. Standing Position 2. Feeding	1. Grip 2. Stance	1.Pole turn 2.Chainkho 3. Single Chain Running	1.Strategy 2.Opening & end games	1. Dribbling 2. Shooting

Special Days/ Events	Holidays
• <b>11<sup>th</sup> July-</b> World Population Day • <b>15<sup>th</sup> July-</b> National Doctor's Day	• <b>31<sup>st</sup> July-</b> Shaheed Udham Singh Martyrdom Day

Looking forward to a fruitful month of learning!

With warm regards

**ROIS**