



ROYAL OAK INTERNATIONAL SCHOOL
Sr. Sec. C.B.S.E. Affiliated (2024-25)

GRADE – VII MONTHLY PLANNER - 2025

Dear Parents
 Greetings!

Please find the academic plan and activities for the month of January and February.



JANUARY & FEBRUARY

ENGLISH	MATHS	HINDI
<p>New Images: L-16 Shilong: The Rock Capital of India Grammar: Punctuation, Conjunction, Clauses, Idioms Vocabulary - Words of the (WOW) Revision of whole syllabus</p>	<p>Ch. 13 : Visualizing Solid Shapes Revision and Doubt classes</p>	<p>वसंत - पाठ - 14 संघर्ष के कारण मैं तुनुकमिज़ाज हो गया : धनराज पाठ-15 आश्रम का अनुमानित व्यय व्याकरण - पाठ 27 वाक्य विचार पाठ 28 विराम चिह्न औपचारिकपत्र, अनुच्छेद, लघु कथा लेखन, विज्ञापन लेखन, अनेकार्थी शब्द 16 से 30 महाभारत कथा - पाठ 35 से 40 - पढ़ाए गए पाठों की पुनरावृत्ति। अनुस्वार/अनुनासिक, समास</p>
SCIENCE	S.SC.	FRENCH
<p>Ch -13 Wastewater Story Lab Activity: Role play of methods involved in Wastewater Treatment Plant</p>	<p>Pol. L-7 Markets Around Us Revision and Completion of Lab Manuals</p>	<p>Leçon :10 Les adjectifs interrogatifs Qu'est-ce vous aimez faire ? Des faits intéressants sur la France Les fêtes en France Les adjectifs démonstratifs</p>

SANSKRIT	G.K.
<p>संकल्पम्</p> <p>दशमः पाठः - अत्र किम् वैशिष्ट्यम् ?</p> <p>व्याकरण</p> <p>शब्द रूप - पत्र, पितृ सर्वनाम रूप - इदम् (तीनों लिंगों में), युष्मद् धातु रूप - पठ्, भू, नम्, दृश् (लोटलकार व विधिलिङलकार) व्यवहारिक वस्तुनां नामानि , कालसंबंधी नामानि , संवाद लेखनम् , पत्रलेखनम् , अपठित अवबोधनम्</p> <p>वार्षिक परीक्षा के लिए जनवरी में कराए गए कार्य की दोहराई तथा कक्षा परीक्षा।</p>	<p>37. Emerging Career Options P.no 57</p> <p>38. Most Expensive Things In The World P.no 58</p> <p>39. India Creates History With Chandrayaan-3 P.no 59</p> <p>40. Sudoku P.no 60</p> <ul style="list-style-type: none"> • Test Paper 2

- **Computer** : Ch-9 Understanding Google sheets
Ch-10 App Development and Revision
- **Practical** : Create an app to display the capital of five countries

ART & CRAFT	DANCE	MUSIC
Art - Page no:64,65(Book) & Republic Day drawing (in file) Craft -Sculpture with Clay	Republic day Preparation and Bollywood dance style	Instrumental (Congo, gaiter ,Drum, Casio) ,Prayer, School Songs**

Taekwondo	Yoga	Athletics	Kho- kho	Boxing	Football	Cricket	Basketball	Badminton	Chess	Skating
1. flexibility exercises 2.Back kick	1 Salabh Asana 2.Dhanur Asana	1.Running Seating start 2.Chain technic	1.Pole turn. 2.Chain kho.	1.Punching with steps.	1.Control and pass. 2.Dribbling. 3.Shooting.	1. Bowling 2. Bating	1. Control the ball with dribbling.	1. Grip 2. Stance	1.Strategy 2.Opening & Endgames.	1.Put on your skating equipment. 2. Assume the right posture. 3. Walk like a duck.

Special Days/ Events	Holidays
<ul style="list-style-type: none"> • Deworming Day • National Science Day 	<p>1st to 15th Jan.- Winter Break</p> <p>14th Jan. - Makar Sankranti</p> <p>26th Jan. – Republic Day</p>

Looking forward to a fruitful month of learning!

With warm regards,

Team ROIS