



ROYAL OAK INTERNATIONAL SCHOOL
SR. SEC. CBSE AFFILIATED (SESSION 2025-26)
HOLIDAY HOME WORK
Class - VII



Please note the following :

- Summer Vacations will commence from 19th May 2025(Monday) till 30th June 2025(Monday).
 - The school will re-open on 1st July, 2025(Tuesday)
 - Schedule for the submission of HHW is as follows:

| | |
|-----------------|----------------------|
| English | : 2.7.25 (Wednesday) |
| Hindi | : 3.7.25 (Thursday) |
| Maths | : 4.7.25 (Friday) |
| Science | : 7.7.25 (Monday) |
| Social Science. | : 8.7.25 (Tuesday) |
 - ❖ For Computer, GK, Art & Craft, Sanskrit, French (2nd week of July) dates will be given in the classes only by the subject teachers.
 - ❖ Summer HHW -5marks will be added as an Activity marks in Term - I
- Wishing you all a very fruitful and enjoyable vacations.



FOR THE PARENTS

“Holidays are not just a break from work; they’re a chance to reconnect—with yourself, with others, and with the world around you.”

As we embrace this vacation period, let’s take a moment to Relax, Reflect, and Recharge!!

D/P

Namaste !

A vacation is a wonderful chance for children to explore the world beyond textbooks. Remember — **nothing is more powerful for their future than being a gatherer of good ideas and information. That’s called doing your homework..**

“Here’s a list of meaningful activities you can enjoy together as a family.”

- ❖ **Develop the habit of conversing in English at home.** This will help your child enhance vocabulary and communication skills.
- ❖ **Read newspapers with your children** to expose them to current events and build their general awareness and reading habits.
- ❖ **Encourage children** to read their school lessons aloud regularly to improve pronunciation and confidence. Motivate them to watch English or Hindi news channels to enhance their language fluency and comprehension skills.
- ❖ **Spend quality time together.** Share stories from your childhood, flip through old photo albums, and relive precious memories. These moments strengthen the parent-child bond.
- ❖ **Involve children in household chores.** This not only teaches them responsibility but also helps them understand the importance of their role within the family.
- ❖ **Explore informative TV channels together** such as National Geographic, Discovery, and Animal Planet, to help broaden their understanding of the world and spark curiosity about science, nature, and global cultures.
- ❖ **Promote healthy habits.** A sound mind resides in a healthy body—so avoid heavy, oily food and include more fresh fruits, vegetables, and water in their diet.
- ❖ **Practice simple yoga routines like Surya Namaskar** to promote physical well-being and mindfulness. Encourage them to begin their day by greeting elders with respect and warmth.
- ❖ **Ensure proper hydration and nutrition.** Include protein-rich foods like milk, pulses, soybean, nuts, and cheese in their meals to boost immunity and energy.

★ IMPORTANT:

Please ensure that your child revises all the lessons covered in April and May for all subjects to stay in touch with their academic progress.

HAPPY VACATIONS!

TEAM ROIS

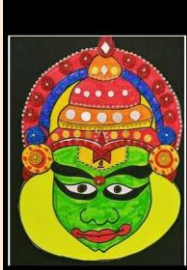

STATE : KERALA



Kerala is a beautiful state located in the southwestern part of India, known as the "God's Own Country." It is famous for its serene backwaters, lush green landscapes, and coconut-lined beaches. The Western Ghats add to its natural charm with hill stations, tea plantations, and wildlife sanctuaries. Kerala is also home to classical art forms like Kathakali, ancient temples, and vibrant festivals such as Onam and Vishu.

| <u>Subjects</u> | <u>Topic</u> | <u>Types of Activities</u> |
|-----------------|----------------------|---|
| English | Culture and Heritage | <p>1. Imagine you've embarked on a magical journey to Kerala, the 'God's Own Country'. Write an informal letter to your friend describing your enchanting experiences exploring the state's rich cultural heritage, breathtaking natural beauty, and vibrant traditions.(100 to 120 words) (Do it in Notebook -2) (For Roll No. 1 to 15)</p> <p>2. Illuminate the spirit of Kerala's vibrant festivals! Write a captivating paragraph about the enchanting Onam celebrations, bringing to life the state's rich cultural heritage, traditional rituals and joyous festivities that unite people across the land. (Do it in Notebook -2) (For Roll No. 16 onwards)</p> |
| Hindi | ऐतिहासिक स्थल | <p>1. भाषा, फसलें, त्यौहार, धर्म तथा कुछ ऐतिहासिक स्थल (Historical Monuments) विषय पर चित्र सहित लेख लिखिए। (ए-3 साइज शीट पर)</p> <p>2. अपनी पाठ्यपुस्तक 'वसंत' पाठ 4 'मिठाईवाला' का अध्ययन कीजिए तथा इसका सार लगभग 50 से 60 शब्दों में (ए-4 साइज शीट) पर चित्र सहित लिखिए।</p> <p>3. पुस्तक 'सहज हिंदी व्याकरण' पृष्ठ 175 (1) पर दिए चित्रों को क्रमानुसार बनाइए और अपनी व्याकरण उत्तरपुस्तिका में कहानी लिखिए।</p> |

| <u>Subjects</u> | <u>Topics</u> | <u>Types of activities</u> |
|-----------------------|----------------------------|--|
| Maths | Population and Agriculture | <ol style="list-style-type: none"> Prepare a Scrap Book on Kerala and represent the following points : <ul style="list-style-type: none"> Make a bar graph of rainfall of last six years (2019- 2024) of Kerala. Make a pictograph of the five most populous districts of Kerala. Find out the area of Agricultural Land of KERALA. Differentiate between the largest and the smallest districts of Kerala. Learn and Write tables 2 to 30 in your Maths register. Revise Chapter 1 and 2 of NCERT BOOK. Revise Chapter 1 and 2 of MTG BOOK. |
| Science | Weather and Heat Patterns | <p>Activity: Make a report which includes:</p> <ul style="list-style-type: none"> Use a weather website or newspaper to collect daily maximum temperatures for a week of two different places in Kerala, <ul style="list-style-type: none"> Thiruvananthapuram (coastal) Wayanad or Munnar (hilly) <p>Research Questions:</p> <ul style="list-style-type: none"> Which place is cooler and why? Discuss how altitude and geography affect temperature — and how people adapt. |
| Social Science | Tourism and Water System | <p>Scrapbook Activity – Discovering Kerala:</p> <ol style="list-style-type: none"> Create an Informative Scrapbook (Max. 5-6 A-4 sized sheets) focused on the state of Kerala. Your work should include the following: <ul style="list-style-type: none"> * Highlight and describe the famous tourist attractions of Kerala. Use pictures, facts, and short descriptions. * Present details about the major crops cultivated in Kerala. Include photos, news paper clipping, and a short write-up for the project work in about 100-150 words. (For all Students) Flash Card Project – River Systems of Kerala: Prepare an attractive and informative flash card (A4 sized sheet) on your allotted river system, including details about the main river and its major tributaries. Roll Nos. 1 to 8: Periyar River Roll Nos. 9 to 16: Bharathappuzha Roll Nos. 17 to 24: Pampa River Roll Nos. 25 onwards: Chaliyar River <p>Additional Note: Creativity, neatness, and clarity will be appreciated and rewarded. Use pictures, headings, and colour to make your work visually engaging. Make sure your name and roll number are clearly written on all your submissions.</p> |
| G.K | Council of State Ministers | Prepare a project on Council of Ministers of Kerala. Write a short note on it with proper presentation in your GK Notebook. |
| Computer | Tourist Spots | <p>Use Microsoft Excel to create an informative and interactive spreadsheet project about the Indian state of Kerala, while applying different Excel functions and formatting.</p> <p>Columns to Include:</p> <ul style="list-style-type: none"> Place District Type (e.g., Hill Station, Backwater) Visitor Count (Estimate) |

| <u>Subjects</u> | <u>Topics</u> | <u>Types of activities</u> |
|------------------------|---------------------|--|
| Sanskrit | भोजन: | <p>1. A3 शीट को सुसज्जित कर के केरल प्रदेश के खान पान के चित्र चिपकाएँ।</p> <p>2. पुल्लिंग, स्त्रीलिंग तथा नपुंसकलिंग के शब्द याद कीजिए।</p> <p>3. श्रीमद्भगवद्गीता के कोई पाँच श्लोक हिंदी भावार्थ के साथ याद कीजिए।</p> |
| French | Nature Conservation | <p>1. Make a small Illustrated Booklet about 4–5 endangered animals in Kerala in scrap file. (e.g., Lion-tailed macaque, Nilgiri tahr). (For Roll No. 1 to 15)</p> <p>2. Create a mini biography booklet or poster on an environmental hero from Kerala, like Kallen Pokkudan (mangrove conservationist) or Sugathakumari (poet and activist). (For Roll No. 16 onwards)</p> <p>Note: "All homework must be submitted in French."</p> |
| Art & Craft | Kathakali Face | <p>Make One Kathakali Face by using cardboard, Papers, Clay, colour, etc. which depicts an art form of Kerala.</p> <p>For Reference :</p> <div style="display: flex; justify-content: space-around; align-items: center;">  <div style="text-align: center;"> <p>Kathakali Face Mask</p> </div>  </div> |

HAVE A FUN FILLED VACATION!

