Date: . .2023

**ROYAL OAK INTERNATIONAL SCHOOL**

 **Sr. Sec. C.B.S.E. Affiliated (2023-24)**

## GRADE – VII MONTHLY PLANNER - 2023

Dear Parents

Greetings!

 **Please find the academic plan and activities for the month of January and February.**

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**JANUARY & FEBRUARY**

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| **ENGLISH** | **MATHS** | **HINDI** |
| **New Images:** **L16** Shilong: The Rock Capital of India**Grammar:** Clauses & Grammar on the go Words: A Mixed Bag, Narration | Ch.13: Visualising solid shapesRevision of Yearly syllabus. |  |
| **SCIENCE** | **S.ST.** | **FRENCH** |
| Ch -13 Wastewater Story**Lab Activity:**Role play of methods involved in Wastewater Treatment Plant | Pol. L-7 Markets Around Us* Revision
 | Leçon 12:Une visite au parcd’attractionsPassé composé(Être)Passé composé ( avoir ) Passé composé ( Irregular avoir verb) |
| **SANSKRIT** | **G.K.** |
|  | UNIT-8 Brain Waves43. Mind Bogglers Pg no. 6544. Number Puzzles Pg no. 6645. IQ Testing Pg no.6746 . Work It out Pg no. 6847. Think Before you Answer Pg no. 6948. Language Quiz Pg no.70**Worksheets** Pg no.s 76, 77 and 78. |

* **Computer :** Ch-9 Understanding Google sheets

 Ch-10 App Development

* **Practical :** Create an app to display the capital of five countries

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| **ART & CRAFT** | **DANCE** | **MUSIC** |
| Art - Page no:64,65(Book) & Republic Day drawing (in file)Craft -Sculpture with Clay | Republic day Preparation and Bollywood dance style | Instrumental (Congo, gaiter ,Drum, Casio) ,Prayer, School Songs\*\* |

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| **Taekwondo** | **Yoga** | **Athletics** | **Kho- kho** | **Boxing** | **Football** | **Cricket** | **Basketball** | **Badminton** | **Chess** | **Skating** |
| 1. flexibility exercises2.Back kick | 1 Salabh Asana 2.Dhanur Asana | 1.Running Seating start technic  | 1.Pole turn.2.Chain kho. | 1.Punching with steps. | 1.Control and pass.2.Dribbling.3.Shooting. | 1. Bowling2. Bating | 1. Control the ball with dribbling.  | 1. Grip2. Stance | 1.Strategy2.Opening & Endgames.  | 1.Put on your skating equipment.2. Assume the right posture. 3. Walk like a duck.  |

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| **Special Days/ Events** | **Holidays** |
| * Deworming day
* National science day
 | 1th to 5th Jan.- Winter Break15th Jan. - Makar Sankranti26th Jan. – Republic Day |

Looking forward to a fruitful month of learning!

With warm regards,

**ROIS**